Pathway to Reopening Our Schools

COVID-19 Recovery Guidance

A collaborative resource created in partnership with Imperial County School Districts, the Imperial County Public Health Department and the California County Superintendents Educational Services Association (CCSESA).
1. Introduction

The Imperial County Office of Education (ICOE) is committed to supporting Imperial County Schools and other county agencies throughout the emergency response to COVID-19 in California.

This document, provided by the Imperial County Office of Education, is a collaborative collection of information, guidance, considerations, and recommendations to support Imperial County school districts in developing district plans for re-opening schools for the 2020-21 school year. Imperial County schools are encouraged to be knowledgeable of current information and guidance released by public health and other agencies, and to work collaboratively with collective bargaining units and all stakeholders in the development and implementation of their individual reopening plans.

It is important to recognize that data and other information critical to effective planning for the safe reopening of schools is rapidly evolving. This document will be updated as new information or changes in federal, state, or local guidance is provided.
3. California’s Response to the COVID-19 Pandemic

Governor Gavin Newsom unveiled California’s Roadmap to Modify the Stay-at-Home Order which outlined six indicators the state would consider in modifying the Stay-at-Home order issued on March 16, 2020. They include the ability to:

1. Test, contact trace, isolate, and support the exposed.
3. Provide medical care at hospitals and health care systems during surges/high demand.
4. Develop therapeutic systems as needed.
5. Ensure businesses, schools, and childcare facilities implement physical distancing.
6. Determine when to reinstitute the stay-at-home order or other measures as needed.

Source: Centers for Disease Control and Prevention (CDC)
On April 28, the Governor also announced four Resilience Roadmap Stages California would use to gradually reopen. The four stages are:

1. Safety and Preparedness
   - Making essential workforce environment as safe as possible.
2. Lower Risk Workplaces
   - Creating opportunities for lower risk sectors to adapt and re-open.
   - Modified school programs and childcare re-open.
3. Higher Risk Workplaces
   - Creating opportunities for higher risk sectors to adapt and re-open.
4. End of Stay-At Home Order
   - Return to expanded workforce in highest risk workplaces.
   - Requires Therapeutics.

Although California has not yet issued guidance specifically for schools, it has issued steps every business should take when they are permitted to open to reduce the risk of COVID-19 and create a safer environment for employees and others.

Before reopening, all facilities must:

1. Perform a detailed risk assessment and develop and implement a site-specific protection plan.
2. Train employees on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them.
3. Implement individual control measures and screenings.
4. Implement disinfecting protocols.
5. Implement physical distancing guidelines.
### 4. Guidance from Imperial County Public Health Department

The County of Imperial [Roadmap to Recovery](http://www.icphd.org/roadmap-to-recovery) identifies four stages in use by Imperial County. The following is a description of these stages and how they relate to schools and childcare facilities.

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<td>Safety and Preparedness</td>
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<td>Making Essential Workforce Environments as Safe as Possible.</td>
<td>Gradually opening some lower risk workplaces with adaptations.</td>
<td>Additional opening of higher risk workplaces with adaptations.</td>
<td>Opening higher risk environments with adaptations and limits on size of gatherings.</td>
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<td>1 Implement social distancing measures.</td>
<td>School adaptations modified in accordance with state and local guidance.</td>
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<td>2 Employees and students screened daily and must wear face covering if unable to continuously maintain 6 ft social distancing from co-workers and the public.</td>
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<td>3 Complete, post and abide by Social Distancing and Safety Plan.</td>
<td>School adaptations modified in accordance with state and local guidance.</td>
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5. Closure Assumptions

1. The Imperial County Office of Education will collaborate with local officials regarding the safe reopening of schools.

Specifically, ICOE will:

a. Help LEAs in the county synthesize federal, state and local guidelines into practices and procedures for reopening and operating local schools to support both education and public health goals.

b. Encourage local districts and charters to use the same practices whenever possible so as to send consistent messages to students, parents, community members and staff.

c. Communicate with parents and the community about these practices and procedures.

2. COVID-19 is expected to be a public health threat until a vaccine is developed and widely used. Development of a vaccine may take time. The earliest a vaccine could be in production is in the winter of 2020-21. If that happens, it will likely take until the end of the 20-21 school year to distribute enough vaccine to ensure adequate coverage.

3. Decisions to re-open schools will be based upon the:

a. Ability to do case finding, contact tracing, isolation and quarantine

b. Availability of testing

c. Availability of personal protective equipment

d. Availability of cleaning supplies and disinfectants

e. Duration of decline or stability of cases

f. Surge capacity in local hospitals
SCHOOLS DURING THE COVID-19 PANDEMIC - DECISION TREE

The purpose of this tool is to assist administrators in making (re)opening decisions regarding K-12 schools during the COVID-19 pandemic. It is important to check with state and local health officials and other partners to determine the most appropriate actions while adjusting to meet the unique needs and circumstances of the local community.

**Should you consider opening?**
- Will reopening be consistent with applicable state and local orders?
- Is the school ready to protect children and employees at higher risk for severe illness?
- Are you able to screen students and employees upon arrival for symptoms and history of exposure?

**Are recommended health and safety actions in place?**
- Promote healthy hygiene practices such as hand washing and employees wearing a cloth face covering as feasible.
- Intensify cleaning, disinfection, and ventilation.
- Encourage social distancing through increased spacing, small groups and limited mixing between groups, if feasible.
- Train all employees on health and safety protocols.

**Is ongoing monitoring in place?**
- Develop and implement procedures to check for signs and symptoms of students and employees daily upon arrival, as feasible.
- Encourage anyone who is sick to stay home.
- Plan for if students or employees get sick.
- Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures.
- Monitor student and employee absences and have flexible leave policies and practices.
- Be ready to consult with the local health authorities if there are cases in the facility or an increase in cases in the local area.

[Decision Tree Diagram]

**cdc.gov/coronavirus**

JUNE 11, 2020
Safety of students and staff is paramount.

Counties, districts and schools across California will have different timelines and approaches for reopening due to local variations in the virus spread, rate of infection and local needs and resources.

Reductions in school funding are likely as state revenues decline due to the economic impact of the pandemic; the impact is likely to be long term as it may take time for the economy to recover. Issues that will be discussed in the development of the 2020-21 State Budget include adequate funding for increased costs associated with the response to the pandemic and alternative methods for funding (e.g. enrollment based rather than ADA based) while some to many students continue to use distance learning.

CCSESA will track school funding issues, advocate per legislative priorities, and keep county superintendents and business officials informed of emerging legislative actions.

Schools that continue to use distance learning and/or a hybrid approach and schools with students on self-isolation due to their or a family member’s exposure or illness will need to continue to provide students access to meals when they are not on campus.

In-person school attendance will likely be less than before the pandemic for a variety of reasons, including:

1) public health recommendations for children with chronic health issues (e.g. diabetes and asthma) to continue to shelter in place;

2) families may relocate due to unemployment and/or illness or death of one or more family member;

3) families may choose to enroll their children in schools that operate via distance learning;

4) COVID-19 infections may result in more school absences than in previous years.
9 Staff members who are 65 and over and children/staff with underlying health conditions (e.g. high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised) will continue to be especially vulnerable and may be advised or choose to continue to stay at home.

10 When schools are allowed to reopen, operations will need to be modified to address COVID-19 in areas such as, but not necessarily limited to:

a. Development of criteria/plan for closing school again if necessary.

b. Updated/accessibe site-specific protection plan.

c. Campus access.

d. School cleaning/disinfecting and other health/safety practices.

e. Personal protective equipment.

f. Physical distancing.

g. Staff and labor issues.

h. Mental/emotional support for students/staff.

i. Communications with parents/students, employees and the community.

11 Effects from COVID-19, including fear, isolation, and/or sorrow, may cause students and staff to need more social/emotional support than was provided prior to the pandemic.

12 Expectations regarding student learning outcomes in the 2019-20 year will need to be re-examined going into the 2020-21 school year and COEs will be involved in assisting their LEAs in addressing academic needs and identifying resources to meet those needs.

13 ICOE will support districts by advocating for waivers, funding, and/or state and federal policy changes needed to provide our schools with the resources, guidance and flexibility they need to meet educational goals while responding to the pandemic.
COVID-19 Recovery Guidance

6. Governance Structure

Do Before School Opens

• Launch a Return to School Committee and name a leader with single-point accountability, meaning there is one person who is ultimately responsible.

  o The Return to School Committee should include staff with oversight of the procedures detailed in this guidance (this may include representatives from Business, Maintenance and Operations, Human Resources, and Educational Services).

  o The Return to School Committee should have a representative from each school in the district.

• Articulate a vision in line with local values and community needs relative to the Return to School Committee’s work and communicate this vision with all district stakeholders.

• Define and assign roles and responsibilities of the Return to School Committee. This may include creating subcommittees relative to procedures in this guidance.

• Institute a regular virtual meeting schedule.

Do When Schools are Open and Operating

• Assess where additional capacity and support may be needed from external partners to support the Return to School Committee’s work.

• Meet with or survey key stakeholders to understand their expectations for return to school across issue areas (e.g., associations and parents).

• Continue to revise procedures with the Return to School Committee based on community input, successes, and challenges.

• Provide consistent updates on the Return to School Committee’s work/progress with district stakeholders.

• Conduct an assessment of the Committee’s work and make recommendations for future improvement.

7. Procedures to Promote the Safety of Staff and Students in School

Consistent with state and local public health guidelines, as schools reopen, they will do so with new practices in place to decrease the spread of the disease.
In planning for reopening schools, counties, districts and schools will need to address:

A. Criteria/plan for closing school again if necessary
B. Site-specific protection plans
C. Campus access
D. School cleaning/disinfecting and other health/safety practices
E. Protective equipment
F. Physical distancing
G. Staff and labor issues
H. Mental/emotional support for students/staff
I. Communication with parents/students, employees and the community

A. Criteria/Plan for Closing School Again if Necessary

Development of defined criteria and/or a plan for closing one or more schools again if certain conditions are met will facilitate prompt action should the virus surge or cause a second wave of cases. The criteria/plan should also address the conditions and scenarios under which a classroom will be sent home for isolation and/or what happens if family member(s) of a student or staff member tests positive. This criteria should be developed in conjunction with the local health jurisdiction.

Below is a plan to be followed in a scenario where a student, teacher or staff member tests positive for COVID-19 and has exposed others at school:

- In consultation with the local public health department, the appropriate school official may decide whether school closure is warranted, including the length of time necessary, based on the risk level within the specific community as determined by the local public health officer.
- Given standard guidance for isolation at home for at least 14 days after close contact, the classroom or office where the patient was based will typically need to close temporarily as students or staff isolate.
- Additional close contacts at school outside of a classroom should also isolate at home.
• Additional areas of the school visited by the COVID-19 positive individual may also need to be closed temporarily for cleaning and disinfection.

• Implement communication plans for school closure to include outreach to students, parents, teachers, staff and the community.

• Include information for staff regarding labor laws, information regarding Disability Insurance, Paid Family Leave and Unemployment Insurance, as applicable for public local educational agencies.

• Provide guidance to parents, teachers and staff reminding them of the importance of community physical distancing measures while a school is closed, including discouraging students or staff from gathering elsewhere.

• Develop a plan for continuity of education. Consider in that plan how to also continue nutrition and other services provided in the regular school setting to establish alternate mechanisms for these services to continue.

• Maintain regular communications with the local public health department.

B. Site-specific Protection Plan

Prior to reopening, schools will need to:

1. Conduct a work-site risk assessment following requirements described in the Cal/OSHA Guidance.

2. Update their site-based safety and/or injury and illness prevention plan in consultation with the site’s local risk management advisor to address issues specific to COVID-19 and steps that will be taken to prevent the spread of the virus, including:

a. Plans for training for students, staff and parents on behaviors that reduce the virus spread, including:
   i. Staying home when they/their children are sick, test positive for COVID-19, or had close contact with someone with COVID-19
   ii. Frequent handwashing
   iii. Coughing and sneezing etiquette
   iv. Keeping hands away from the face
   v. Using of face coverings
Involving staff, parents and the community in the development of the updated plan, including new procedures to prevent the spread of the virus, can help develop understanding of and support for the plan and any new procedures. As with developing district plans, the local health jurisdiction can assist with developing site-specific plans.

vi. Following CDC guidelines on Quarantine and Isolation when to return to school if they/their children were sick or in close contact with someone with COVID-19

b. Develop a plan to further support students with access and functional needs who may be at increased risk of becoming infected or having unrecognized illness due to COVID-19.

For example, review existing student health plans to identify students who may need additional accommodations, develop a process for engaging families for potentially unknown concerns that may need to be accommodated or identify additional preparations for classroom and non-classroom environments as needed. Groups that might be at increased risk of becoming infected or having unrecognized illness include the following:

i. Individuals who have limited mobility or require prolonged and close contact with others, such as direct support providers and family members;

ii. Individuals who have trouble understanding information or practicing preventive measures, such as hand washing and physical distancing; and

iii. Individuals who may not be able to communicate symptoms of illness.

c. The role the school will play in alerting the local health department of COVID-19 cases and in contact tracing in collaboration with the local health department.

3) Make the plan accessible to parents and employees.
C. Campus Access

Measures to prevent the spread of the virus will include developing policies regarding access to school campuses and district/county facilities. Best practice is to establish policies and practices that primarily restrict access to students and staff who are required to be on campus that day and to plan how access points to enter and leave school will be used to limit student and staff exposure to large groups of people.

Encourage potential visitors to use virtual means for business with the school whenever possible.

Establish protocols to address how and when parents and other individuals (e.g. office delivery and/or warehouse staff) will have access and continue to use a single point of entry for these visitors.

D. School Cleaning/Disinfecting and Other Health/Safety Practices

Clear and effective policies and procedures for reducing the spread of COVID-19 will help ease parent and community concerns, and include:

- Requiring anyone (students and staff) with COVID-19 symptoms to stay home and to remain at home while following care instructions from their healthcare provider and local health department until they are advised they may return to school. LEAs may want to consider developing policies that encourage sick employees and students to stay home when sick without fear of reprisal, including considering not having perfect attendance awards and providing virtual learning and telework options if feasible.

Use of the campus for community events will likely be governed by state and/or local orders prohibiting large gatherings. Once applicable order(s) are relaxed, determine when and how facilities will be made available for joint use and/or rentals by community groups. Consider cleaning/disinfecting that will need to be completed before students and staff can use the facilities following their joint use or rental.
• Encouraging all students, families, and staff to take preventive actions:
  o Use “respiratory etiquette.”
    ▶ Cover cough with a tissue or sleeve. See CDC’s Healthy Habits to Prevent Flu page for multilingual posters and flyers posted at the bottom of the webpage.

  o **Wash hands frequently following CDC Guidelines.**
  Encourage thorough hand washing by students and staff through:
    ▶ Educating staff, students and parents on the importance of handwashing.
    ▶ Establishing a routine for handwashing and/or using hand sanitizer (e.g. every time they enter a room or return to their workstation, after using the restroom, after touching surfaces touched by many people), and
    ▶ Providing adequate supplies (e.g. soap, paper towels and/or hand sanitizer with at least 60% alcohol).

  > Students and staff should use fragrance-free hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers.

  > **Ethyl alcohol-based** hand sanitizers are preferred and should be used when there is the potential of unsupervised use by children. **Isopropyl** hand sanitizers are more toxic and can be absorbed through the skin.

  > Children under age 9 should use hand sanitizer under adult supervision. Call Poison Control if consumed: 1-800-222-1222.
• Enhancing cleaning procedures consistent with state requirements and CDC guidance [see Environmental Cleaning and Disinfection Recommendations]. Establish a daily cleaning schedule at all school sites and district offices to ensure frequent cleaning and regular disinfecting of surfaces.

• Considering the assignment of restrooms to specific classes.

• Discouraging sharing of instructional items that are difficult to clean or disinfect. Acquire adequate supplies to minimize sharing of high-touch materials and objects (e.g., art supplies, books, learning aids.)

• Limit use of shared playground equipment in favor of physical activities that require less contact with surfaces.

• Limit sharing of objects and equipment, such as electronic devices, clothing, toys, and games to the extent practicable. But where allowed, clean and disinfect between uses.

• Keep each child’s belongings separated and in individually labeled storage containers, cubbies or areas. Ensure belongings are taken home each day to be cleaned.

• Consider suspending or modifying use of site resources that necessitate sharing or touching items. For example, consider suspending use of drinking fountains and instead encourage the use of reusable water bottles.

• Implement some form of screening for illness/infection control for students and staff before they enter the school, class, halls, and/or upon entry onto buses. Although these practices may vary across the county depending upon local infection rates and conditions, local communities will benefit when school districts in the same cities and in neighboring communities implement consistent procedures.

  ◆ Schools may use examples of screening methods in the Centers for Disease Control and Prevention’s (CDC) supplemental Guidance for Child Care Programs that Remain Open as a guide for screening children or one of two screening methods suggested by the California Department of Education to use as students arrive on campus:

  ▶ Passive Screening: Instruct parents to screen students before leaving for school (check temperature to ensure temperatures below 100.4 degrees Fahrenheit, observe for symptoms outlined by public
Use CDC’s General Business FAQs for screening staff or use one of two screening methods suggested by the California Department of Education:

- **Active Screening:** Engage in symptom screening as students enter campus and buses, consistent with public health guidance, which includes visual wellness checks and temperature checks with no-touch thermometers (check temperature to ensure temperatures below 100.4 degrees Fahrenheit), and ask all students about COVID-19 symptoms within the last 24 hours and whether anyone in their home has had COVID-19 symptoms or a positive test.
  - Thermometers must be properly cleaned and disinfected after each use.
  - All students must wash or sanitize hands as they enter campuses and buses.

- **Passive Screening:** Instruct staff to self-screen before leaving for work (check temperature to ensure temperatures below 100.4 degrees Fahrenheit, check for symptoms outlined by public health officials) and to stay home if they have symptoms consistent with COVID-19 or if they have had close contact with a person diagnosed with COVID-19.

- **Active Screening:** Engage in symptom screening as staff enter worksites, consistent with public health guidance, which includes visual wellness checks and temperature checks with no-touch thermometers (check temperature to ensure temperatures below 100.4 degrees Fahrenheit), and ask all staff about COVID-19 symptoms within the last 24 hours and whether anyone in their home has had COVID-19 symptoms or a positive test.
  - If a thermometer requiring a touch method (under the tongue or arm, forehead, etc.) is the only type available, it should only be used when a fever is suspected and caution is taken by temperature screeners, such as by wearing gloves, eye protection, and a mask.
If screenings will be done, determine how, when and where the checks/screenings will occur, and who will do the checks/screenings.

If transportation drivers conduct temperature screenings, ensure emergency communication contact numbers are available to reach parents or guardians.

Policies should not penalize students and families for missing class. Further, prevent discrimination against students who (or whose families were or are diagnosed with COVID-19.

School nurses and other healthcare providers should use CDC’s Standard- and Transmission-Based Precautions when caring for sick people.

Schools should establish procedures for safely transporting anyone who is sick (this may include parent/guardian pick up, calling ambulance, or transportation by staff member). COVID-19 symptoms may include: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, and/or new loss of taste or smell.

Thermometers must be properly cleaned and disinfected after each use.

Schools should notify local health officials, staff, and families immediately of a possible case while maintaining confidentiality as required by applicable state and federal statutes (e.g. Family and Medical Leave Act, the Americans with Disabilities Act.

Schools should close off areas used by a sick person (if applicable and identifiable) and do not use it again before cleaning and disinfection.

Prior to reopening:

- Inspect all buildings, facilities, equipment, materials, etc. and determine status and needs for resuming and maintaining operations. Maintain records on what needs to be done prior to occupancy and the ongoing maintenance that is done after reopening.

Refer to [CDC Guidance for Administrators of K-12 Schools and Child Care Programs](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html) for additional information.
- Consider acquiring handwashing stations for distribution across various campus locations (e.g. playground and common areas) to provide easy access without students and staff having to wait in long lines to wash their hands and/or touchless soap dispensers for all sinks to be used for handwashing, touchless or foot pedal trash cans if they are not already in use, touchless hand sanitizer dispensers, and no-contact thermometers.

- Obtain the necessary cleaning supplies, hand sanitizers with at least 60% alcohol, and face covering. Identify new vendors for these supplies if necessary. Use cleaning products approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list and carefully follow product instructions and Cal/OSHA requirements.

  - To reduce the risk of asthma related to disinfecting, programs should aim to select disinfectant products on list N with asthma-safer ingredients (hydrogen peroxide, citric acid or lactic acid).

  - Avoid products that mix these ingredients with peroxyacetic (paracetic) acid, sodium hypochlorite (bleach) or quaternary ammonium compounds, which can cause asthma.

  - Use disinfectants labeled to be effective against emerging viral pathogens, following label directions for appropriate dilution rates and contact times. Provide employees training on manufacturer’s directions, on Cal/OSHA requirements for safe use and as required by the Healthy Schools Act, as applicable.

  - Custodial staff with the responsibility of cleaning and disinfecting the school site must be equipped with proper protective equipment, including gloves, eye protection, respiratory protection and other appropriate protective equipment as required by the product instructions. All products must be kept out of children’s reach and stored in a space with restricted access.

  - Establish a cleaning and disinfecting schedule in order to avoid both under- and over-use of cleaning products.

  - Ensure safe and correct application of disinfectant.

- Obtain the necessary cleaning supplies, hand sanitizers with at least 60% alcohol, and face covering. Identify new vendors for these supplies if necessary. Use cleaning products approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list and carefully follow product instructions and Cal/OSHA requirements.

  - To reduce the risk of asthma related to disinfecting, programs should aim to select disinfectant products on list N with asthma-safer ingredients (hydrogen peroxide, citric acid or lactic acid).

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and keep products away from students.

- Clean facility per CDC guidelines.
- Change air conditioning/heater filters per CDC guidelines. Thoroughly ventilate the facility.
- In accordance with CDC guidance, ensure that ventilation systems and fans operate properly and increase circulation of outdoor air as much as possible by opening windows and doors and other methods. Do not open windows and doors if doing so poses a safety or health risk to children using the facility (for example, allowing pollen in or exacerbating asthma symptoms). Maximize central air filtration for heating, ventilation, and air conditioning (HVAC) systems (targeted filter rating of at least MERV 13).
- Take steps to ensure that all water systems and features (for example, drinking fountains and decorative fountains) are safe to use after a prolonged facility shutdown to minimize the risk of Legionnaires’ disease and other diseases associated with water.
- Consider posting CDC posters on hand washing and cover while sneezing/coughing in classrooms and common areas.
- Consider installing sneeze guards in high traffic areas, especially school offices, the cafeteria and the nurse’s office.
- Consider installing plastic flexible screens between bathroom sinks, especially when they are not six feet apart.
- Prepare an isolation area within the school or district building for use in the event a student or staff member becomes ill while at school.
- Inspect and clean buses.

**After reopening:**

- Modify maintenance staff cleaning routines to provide for disinfecting of surfaces touched by multiple people during the day (work areas, counters, restrooms, doorknobs, desks, tables, chairs, light switches, and stair railings and other “high-touch” surfaces) several times a day.
- Clean classrooms, restrooms, hallways, common areas, and the outside of lockers daily per CDC guidelines.
- Ensure restrooms stay functional and stocked with soap and other supplies.
- Leave doors open or ajar so that students and staff do not have to touch doorknobs when feasible and safe to do so.
- Implement routines for handwashing/using hand sanitizer at regular intervals.
- Provide hand sanitizer in each classroom that does not have access to soap and water.
- Discontinue use of shared food and beverage equipment in employee breakrooms.
- Provide adequate supplies within easy reach, including tissues and no-touch trash cans.
- Increase circulation of outdoor air as much as possible by opening windows and doors when safe to do so.
- If students or staff become ill at school, have the individual use the isolation area until transportation can be arranged. Have a supply of masks available and require the ill person to use the mask while present.

- Advise sick staff members and students not to return until they have met CDC criteria to discontinue [home isolation](#), including 3 days with no fever, symptoms have improved and 10 days since symptoms first appeared.
- If the local health jurisdiction is conducting contact tracing, identify possible contacts and notify the local health jurisdiction.
- Close off areas used by any sick person and do not use before cleaning and disinfection. To reduce risk of exposure, wait 24 hours before you [clean and disinfect](#). If it is not possible to wait 24 hours, wait as long as practicable. Ensure a [safe and correct application](#) of disinfectants using personal protective equipment and ventilation recommended for cleaning. Keep disinfectant products away from students.
- Buses/vehicles should be thoroughly cleaned and disinfected daily and after transporting any individual who is exhibiting symptoms of COVID-19. Drivers should be provided disinfectant wipes and disposable gloves to support disinfection of frequently touched surfaces during the day.
• Clean and disinfect buses after each route.

E. Personal Protective Equipment

• Provide guidance as to when staff and students are required or encouraged to wear face coverings, masks, or face shields. Face coverings are most essential when physical distancing is not practicable.

   o Information should be provided to all staff and families in the school community on proper use, removal and washing of cloth face coverings.

   o Face coverings are not recommended for anyone who has trouble breathing or is unconscious, incapacitated, or otherwise unable to remove the covering without assistance. LEAs should make reasonable accommodations such as a face shield with a cloth drape for those who are unable to wear face coverings for medical reasons. Per Cal/OSHA, considerations for face shields should include a cloth drape attached across the bottom and tucked into shirt.

   o Cloth face coverings are meant to protect other people in case the wearer is unknowingly infected (many people carry COVID-19 but do not have symptoms). Cloth face coverings are not surgical masks, respirators, or personal protective equipment.

   o Staff:

      ▶ All staff should use cloth face coverings unless Cal/OSHA standards require respiratory protection. Teachers can use face shields, if available, which enable younger students to see their teachers’ faces and to avoid potential barriers to phonological instruction.

      ▶ Prioritize the provision and use of gloves and face masks to staff based upon risks associated with tasks being completed (e.g. custodians cleaning restrooms and/or maintaining plumbing, nurses, cafeteria workers).

      ▶ Consistent with public health guidelines, develop job-specific guidance/requirements for glove use, protective eyewear, and gowns, such as requiring maintenance staff to wear gloves when cleaning or repairing restrooms, and requiring glove use, protective eyewear and gowns when assisting those who become ill while at school.
Employers should provide and ensure staff use face coverings and all required protective equipment.

Students:
- Students should be encouraged to use cloth face coverings. Cloth face coverings are most essential in settings where physical distancing cannot easily be maintained, such as school buses or other settings where space may be insufficient.
- Students and staff should be frequently reminded not to touch the face covering and to wash their hands frequently.
- If an LEA requires students to wear face coverings, then the LEA must provide face coverings to be used.
- Consider how the LEA will address students with disabilities who refuse or are not able to wear masks.
- At a minimum, face coverings should be worn:
  > While waiting to enter the school campus.
  > While on school grounds (except when eating or drinking).
  > While leaving school.
  > While on a school bus.

- The California Governor’s Office of Emergency Services (CalOES) and the Department of Public Health (CDPH) are and will be working to support procurement and distribution of personal protective equipment. Additional information can be found here.
- Use PPE Burn Rate Calculator to calculate the average PPE consumption rate or “burn rate.”

F. Practices for Physical Distancing

Implementing physical distancing in schools will require advance planning as it will involve examining every setting, transition, and activity in the school day to determine what restructuring is needed and how that will be done to maintain six feet of separation. It will also involve teaching students to maintain physical distancing and developing effective ways to remind students and gain their compliance.
Physical distancing options at school include:

- Re-arranging desks/tables in classrooms to be at least six feet apart, facing the same direction and assigning only one student per desk/table.

- Holding classes in larger rooms such as the gym, library or cafeteria and space students at least six feet apart. If these areas are not used as individual classrooms, consider them off-limits for regular use unless they can be sanitized between groups.

- Placing markers on the pavement to show where students should stand to maintain a distance of six feet in a single line and where lines form so that lines are at least six feet apart in all locations where students need to line up.

- Implementing changes in the daily/weekly school schedules (see Scheduling Concepts for Hybrid Learning from the LACOE) to decrease class size so that students and the teacher can maintain a physical distance of six feet at all times.

Examples include:

- Limiting the number of students on campus to 50% of normal:
  - Divide all classes into two equal groups: one would come to school on Monday and Wednesday, the other on Tuesday and Thursday.
  - Provide each group with two days of direct instruction and support from teachers and three days of assignments to complete at home each week.
  - Implement a block schedule for secondary schools to reduce passing periods and lower the frequency of touches in each classroom.
  - Provide take-home meals for each eligible student before they leave each day.

- Limiting the number of students on campus to 25% of normal:
  - All classes are divided into four equal groups: one for each day Monday through Thursday.
  - All teachers provide each group with one day of direct instruction and support, and four days of assignments to complete at home.
  - Provide take-home meals for each eligible student before they leave each day.
Use Friday for professional development for teachers or to prepare packets for the following week.

- Having students attend school in shifts, such as an early and a late shift (Note: If this option is under consideration, be sure to consider the time that will be needed between shifts to provide sufficient time to clean/disinfect after each shift. Consider staggering student exit and entry times, and screen incoming students as appropriate).

- Having some grades attend school in person and other grades attend via distance learning.

- Having certain students (e.g. students who do not have access to distance learning from home, English Learners, or struggling students) attend school on campus and have the remaining students attend via distance learning.

- Having students attend classes that cannot be conducted remotely, such as some career technical education courses.

- Having students with underlying conditions and those whose parents prefer to keep their children at home attend school via distance learning.

- Other Scheduling Considerations:
  - Providing students from higher transmission areas and/or who are at higher risk for severe illness opportunities for virtual learning, independent study and other options as feasible to reduce travel to schools in lower transmission areas and vice versa.

- Returning students to in-person school by grade with younger students starting first to allow for social distancing. Elementary students will return to school first, for a week. Middle school students would report the second week and high school students would report the third week. Middle and high school students will continue distance learning while waiting to phase back into school.

- Maintaining extended school days. In the afternoon, the student school day is extended beyond the normal school dismissal schedule. Open schools earlier in the mornings – student school day is extended by including an earlier start time.

- Looping to allow teachers to keep their 2019-20 students during the 2020-21 school year. This configuration takes advantage
of teachers’ familiarity with students, which may be especially beneficial in the current situation, particularly if there is limited assessment data available to teachers.

- Postponing high-contact activities/classes (e.g., certain PE activities, field trips, choir, high-contact after school activities such as football) and restructure athletic, performing arts, and club activities to keep students engaged while physically distant.

- Modifying bell schedules to manage traditional, block, and flexible configurations (see A Practical Guide to Common Bell Schedules).

To limit student exposure to many individuals during the day, consider:

- Staggering arrival and drop off-times and locations as consistently as practicable as to minimize scheduling challenges for families.

- Designating routes for entry and exit, using as many entrances as feasible. Put in place other protocols to limit direct contact with others as much as practicable.

- Staggering times when students and staff are moving outside their classrooms/work areas to reduce the number of potential contacts and require students to stay six feet apart when transitioning from one space to another.

- Using block schedules or rotating teachers through the classroom rather than having students change classrooms.

- Minimizing congregate movement through hallways as much as practicable. For example, establish more ways to enter and exit a campus, and staggered passing times when necessary or when students cannot stay in one room.

Modify food service practices to limit exposure when distributing food and when students are eating.

- Consider strategies to limit physical interaction during meal preparation and meal service (e.g., serving meals in classrooms, increasing meal service access points, staggering cafeteria use).

- Suspend use of share tables and self-service buffets for food and condiments.

- Install physical barriers, such as sneeze guards and partitions, at point of sale and other areas where maintaining physical distance of 6 feet is difficult.
• With an approved National School Lunch Program waiver, offer meal delivery for students quarantined or in a home-based cohort.

• If providing meal service in classrooms, plan for cleaning and trash removal.

Supervise boarding and seating in buses to ensure physical distancing. Physical distancing options on school buses involves decreasing the number of students on individual buses so that students maintain a distance of six feet. To keep physical distancing on buses and bus stops, consider the following guidelines:

• Determine maximum capacity for students of each vehicle while meeting 6-foot physical distancing objectives.

• Create a plan for seating based on maximum capacity determined above, and develop a plan for bus routes that accommodates the capacity limitations. Mark or block seats that must be left vacant. Sample seating options:
  
  • **Option 1**: Seat one student to a bench on both sides of the bus, skipping every other row.
  
  • **Option 2**: Seat one student to a bench, alternating rows on each side to create a zigzag pattern on the bus.

• Instruct students and parents to maintain 6-foot distancing at bus stops and while loading and unloading.

• Seat students from the rear of the bus forward to prevent students from walking past each other. To prevent students from walking past one another, afternoon runs should be boarded based on the order in which students will be dropped off. (Students who get off first should board last and sit in the front.)

• Students and staff should wear face coverings at bus stops and on buses.

Determine how adequate space and facilities will be utilized to maintain health and safety of staff, especially when tending to individual student medical or personal needs.

• Develop a plan that ensures physical distancing among staff in their work environment to reduce spread of the virus that includes:
  
  • Avoiding staff congregation in work environments, break rooms, staff rooms, and bathrooms.
  
  • Avoiding grouping staff together for training or staff development. Consider conducting the
training virtually or, if in-person, ensure distancing is maintained.

- Adjust staff schedules (through negotiations) to accommodate new student schedules and physical distancing strategies.

- In accordance with Cal/OSHA regulations and guidance, evaluate all workspaces to ensure that employees can maintain physical distancing to the extent possible. Where possible, rearrange workspaces to incorporate a minimum of 6 feet between employees and students.

- If physical distancing between workspaces or between employees and students and visitors is not possible, add physical barriers that cannot be moved to separate workspaces.

G. Staff and Labor Issues

Having staff able and ready to safely return to work is a prerequisite for reopening schools. Schools need continuous and ongoing communication with staff and bargaining units to facilitate schools reopening and to respond to employee questions, concerns and/or suggestions.

Collaboration with bargaining units in the development of Memorandum of Understandings (MOU) to address changes in the work environment as a result of COVID-19 can help explore and resolve areas needing attention.

It is critical that employees needing to self-isolate because of COVID-19 are encouraged to stay at home to prevent further infection. Information on government programs supporting employee sick leave and workers compensation is available at https://www.dir.ca.gov/dlse/Comparison-COVID-19-Paid-Leave.html.

Schools may choose to use a predetermined Fitness for Duty checklist to determine if an employee is safe to return to work and under what conditions.
Finding substitutes may be a challenge for schools as some substitutes may no longer be available to work. Human Resources (HR) staff may find it beneficial to collaborate with other HR staff on what procedures will be used when there are insufficient substitutes to meet the need in the event many staff members are home sick or quarantined at home because of a recent exposure.

Develop and provide staff training or utilize state-provided training on:

- Disinfecting frequency and tools and chemicals used in accordance with the Healthy Schools Act, CDPR guidance and Cal/OSHA regulations. For staff who use hazardous chemicals for cleaning, specialized training is required.
- Physical distancing of staff and students.
- Symptom screening, including temperature checks.
- Updates to the Injury and Illness Prevention Program (IIPP).
  - State and local health standards and recommendations, including, but not limited to, the following: Proper use of protective equipment, including information on limitations of some face coverings that do not protect the wearer and are not PPE but can help protect people near the wearer. Face coverings do not replace the need for physical distancing and frequent handwashing. Cloth face coverings are most essential when physical distancing is not possible. Also include training on removal and washing of cloth face coverings.
    - Cough and sneeze etiquette.
    - Keeping one’s hands away from one’s face.
    - Frequent handwashing and proper technique.
    - Confidentiality around health recording and reporting.
- Training for school health staff on clinical manifestations of COVID-19, pediatric presentations, and CDC transmission-based precautions.
- Trauma-informed practices and suicide prevention.

Reasonable Accommodations for staff:

- Protect and support staff who are at higher risk for severe illness (medical conditions that the CDC says may have increased risks) or who
cannot safely distance from household contacts at higher risk by providing options such as telework or negotiated change in classification or duties.

- If reasonable accommodations are not practicable, the LEA should work with the employee to develop a flexible leave plan that endeavors to avoid exhausting the employee’s earned leave.

H. Mental/Emotional Support

Schools will need to determine how they will address and support the mental/emotional well-being of students and staff (see “Helping Children with Traumatic Separation or Traumatic Grief Related to COVID 19”).

Some students and/or staff may be anxious about their risk when going back to school. Others may have experienced trauma during the time school was closed, such as the loss of one or more family or friends, domestic violence, child abuse, etc. In addition, some families may have experienced job loss and be anxious about their future.

Mental/emotional support during re-entry can help staff and students, especially those who are struggling to adjust to being back at school.

Schools are encouraged to:

- Plan for a positive, supportive re-entry to school focused on helping students with the transition and adjusting to changes in the school structure/schedule.

- Notify teachers, staff, students, and parents about support services available.

- Post information on school district website and on social media for parents regarding ways to help children cope with the virus and any tragedies or loss resulting from it.

- Help principals and teachers understand how to:
  - Quickly identify students, families or staff members experiencing problems adjusting.
• Provide personal supports to those struggling with minor adjustment problems.
• Provide specialized assistance and referrals to those who experience major trauma when necessary.
• Activate their mental health/student support service team (school counselor, community Mental Health Partners, Community School Community Treatment (CSCT) staff members) to develop a School Emergency Operations Plan for students and staff, in conjunction with local mental health services staff, including post-traumatic stress syndrome counseling.
• Share information about the availability of counseling services with staff and families. For example, HR could provide staff with information about access to Employee Assistance Programs that can provide virtual counseling services.

Students who have experienced loss or trauma during the COVID-19 pandemic may need access to counseling services with follow-up care.

Schools may have site-based counseling services for students who have experienced loss or trauma or be able to provide information about community-based counseling services.

I. Communications with Parents/Students, Employees and the Community

Proactive communication with all stakeholders that shares information about reopening schools and identifies and addresses concerns, can help prepare staff (see CDC Checklist for Teachers), students, and their families (see CDC Checklist for Parents) for return to school.

Children may worry about themselves, their family, and friends getting ill with COVID-19. Parents, family members, school staff, and other trusted adults can play an important role in helping children make sense of what they hear in a way that is honest, accurate, and minimizes anxiety or fear (see CDC Tips for talking to children.)
Provide educational materials to families in the following areas:

- Enhanced sanitation practices in accordance with the [Healthy Schools Act](#), [CDPR Guidance](#), and Cal/OSHA regulations.
- Physical distancing guidelines and their importance
- Screening practices, including temperature checks
- COVID-19 specific [symptom](#) identification
- State and local health standards and recommendations, including, but not limited to, the following:
  - Proper use of protective equipment, including information on limitations of some face coverings that do not protect the wearer and are not PPE but can help protect people near the wearer. Face coverings do not replace the need for physical distancing and frequent handwashing. Cloth face coverings are most essential when physical distancing is not possible. Also include training on removal and washing of cloth face coverings.
  - Cough and sneeze etiquette.
  - Keeping one’s hands away from one’s face.
  - Frequent handwashing and proper technique.
  - Confidentiality around health recording and reporting.
- Trauma-informed practices and suicide prevention.

Consider conducting the training and education virtually, or, if in-person, ensure distancing is maintained.

Schools should designate a staff liaison or liaisons to be responsible for responding to COVID-19 concerns and provide their school communities with their contact information. Employees should know who they are and how to contact them. The liaison should be trained to coordinate the documentation and tracking of possible exposure, in order to notify local health officials, staff and families in a prompt and responsible manner.

Liaisons should also help maintain communication systems that allow staff and families to self-report symptoms and receive prompt notifications of exposures and closures, while maintaining confidentiality, as required by FERPA and state law related to privacy of educational records.
Create a communications plan for if a school has a positive COVID-19 case.

- Address the school’s role in documenting, reporting, tracking, and tracing infections in coordination with public health officials.
- Notify staff and families immediately of any possible cases of COVID-19. Review legal responsibilities and privacy rights for communicating about cases of the virus.
- Provide guidance to parents, teachers, and staff reminding them of the importance of community physical distancing measures while a school is closed, including discouraging students or staff from gathering elsewhere.
- Provide information to parents regarding labor laws, Disability Insurance, Paid Family Leave, and Unemployment Insurance.
- Advise sick staff members and children not to return until they have met **CDC criteria to discontinue home isolation**.
- Inform those who have had **close contact** with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms and to follow **CDC guidance** if symptoms develop. If a person does not have symptoms, follow appropriate CDC guidance for **home isolation**.

ICOE will assist schools with the coordination among local emergency management agencies, the local public health department, and other local officials (e.g. mental health, Fire Marshal, law enforcement, public transportation, etc.) to identify and develop communication structures related to COVID-19 and schools.
Appendix A: Resources

Federal COVID-19 Guidelines

Guidelines: Opening Up American Again:
https://www.whitehouse.gov/openingamerica/#criteria

Centers for Disease Control and Prevention

Guidance for Schools and Child Care:

Guidance for Child Care, Schools, and Youth Sports:

Interim Guidance for Schools and Day Camps:

FAQ’s for Administrators, Teachers, and Parents:

Health Considerations and Decision-Making Tools for Reopening:

Considerations for Schools:

Schools Decision Tool:

Guidance for Cleaning and Disinfecting Tool:
State of California Resources

COVID-19 Response Main Page:
https://covid19.ca.gov/

Resilience Roadmap:
https://covid19.ca.gov/roadmap/

California Department of Public Health
https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx

State Guidance for Offices:

Emotional Health resources:
https://covid19.ca.gov/resources-for-emotional-support-and-well-being/

Cal/OSHA Guidance on Requirements to Protect Workers from Coronavirus:
https://www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html

California Department of Education

California Department of Education COVID page:
https://www.cde.ca.gov/ls/he/hn/coronavirus.asp

California Association of School Counselors

COVID-19 K12 Counseling:
https://covid19k12counseling.org/

County of Imperial Public Health Department

County of Imperial Public Health Department COVID 19:
http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19/

Imperial County’s Roadmap to Recovery:
http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19/roadmap-to-recovery/